INTRODUCTION

DEFINITION OF CHRONIC CONSTIPATION

Chronic constipation (Psora) is a disorder characterized by unsatisfactory defecation (Psora) that results from infrequent stools, difficult stool passage (Psora), or both over a time period of at least 12 weeks.

The diagnosis is primarily symptom-based, relying on the patient’s self-report of symptoms; however, the description of constipation symptoms varies significantly among patients. Common symptoms may include infrequent bowel movement (Psora), hard stool (Psora), too small stool (Tubercular/ Psora), difficulties with stool expulsion (excessive straining) (Tubercular/ Psora), feeling of incomplete evacuation (Psora) or simply a patient description of “a feeling of being constipated” without any of these constipation-related symptoms.

SYMPTOM-BASED CRITERIA FOR CHRONIC FUNCTIONAL CONSTIPATION

1- Rome II Criteria

At least 12 weeks, need not be consecutive, in past 12 months of > 2 of:

• Straining in >25% of defecations (Psora)
• Sensation of incomplete evacuation in >25% of defecations (Psora)
• Sensation of anorectal obstruction/blockade in >25% of defecations (Psora/ Psora)
• Manuel maneuvers to facilitate >25% of defecations (Psora)
• Fewer than three defecations per week (Psora)
• Loose stools should not be present and there are insufficient criteria for IBS (Tubercular/ Syphilis)

2- ACG CC Task Force

Symptoms for at least 3 of the last 12 months consisting of:

• Infrequent stools: less than 3 per week, or (Psora)
• Difficult stool passage, which may include: (Psora)
- Straining (Psora)
- Sense of difficulty passing stool (Psora)
- Incomplete evacuation (Psora)
- Hard/lumpy stools (Psora/ Syphilis)
- Prolonged time to stool (Psora)
- Need for manual maneuvers to pass stool (Psora/ Sycosis)
- Can be a combination of both

Abbr. - ACG: American College of Gastroenterology; CC: chronic constipation; IBS: Irritable Bowel Syndrome

**INCIDENCE**
Chronic constipation (Psora) appears to be very common in the general population although its prevalence varies depending on the diagnostic criteria used. Chronic constipation disproportionately affects women compared with men (2.2:1), and the prevalence increases with age.

**SYMPTOMS**
Symptoms may be benign but chronic constipation can significantly reduce life quality, and, if left untreated, can result in fecal impaction (Psora), incontinence (Psora/ Syphilis), and, very rarely, bowel perforation (Psora/ Syphilis).

Irritable Bowel Syndrome (IBS) (Tubercular/ Syphilis) is the most common and best studied functional gastrointestinal (GI) disorder.

**IRRITABLE BOWEL SYNDROME**
IBS symptoms (Psora/ Tubercular) are heterogeneous in their expression. The clinical presentation is abdominal pain (Psora) or discomfort associated with altered bowel habits (e.g., diarrhea, constipation, or a combination of both at times (Sycosis)) and with a change in the consistency or frequency of stools. Other associated symptoms may include bloating, urgency, and/or a feeling of incomplete evacuation (Psora). Although symptoms tend to occur in clusters, individual symptoms may also occur sequentially and they may vary in type, location, and severity over time.

**CLASSIFICATION OF IBS**
IBS is classified as diarrhea-predominant (IBS-D) (Tubercular/ Sycosis), constipation-predominant (IBS-C) (Tubercular/ Psora), or mixed—a combination of both (IBS-M), depending on the most prevalent bowel pattern. This sub-classification is determined by stool frequency, form, and passage. However, because the predominant symptom often changes over time, it is not uncommon for a patient to alternate
between these IBS subgroups or between different functional bowel disorders such as IBS-C or IBS-D and functional constipation or functional diarrhea.

**Diagnosis of IBS**

There are no biological markers or specific tests for the diagnosis of IBS. The diagnosis is therefore based on identifying a cluster of clinical symptoms that are consistent with the disorder and excluding other conditions by looking for clinical alert signs and performing limited diagnostic testing.

**Management of IBS**

Since the pathophysiological mechanisms underlying the disorder are not known, the current approach to management is based primarily on the patients’ predominant symptoms and overall wellbeing rather than on a specific underlying etiological mechanism. The treatment is determined on basis of totality and the peculiarars- whether pain, diarrhea, or constipation is predominant and the targeted symptom is treated using the same medications as in other conditions.

**Etiology of Constipation**

There are many causes for constipation. The disorder may be secondary to systemic diseases (e.g., hypothyroidism (Psora/ Syphilis), hyperparathyroidism (Psora/ Sycosis), diabetes mellitus (Tubercular)), gastrointestinal diseases (e.g., mechanical obstruction due to colon or rectal cancer), neurological disorders (e.g., autonomic neuropathy (Syphilis), Parkinson’s disease (Psora/ Syphilis), multiple sclerosis (Syphilis)). Another common etiology is the use of prescription or over the counter (OTC) medications that slow down the intestinal transit.

Chronic primary or idiopathic constipation is primarily a diagnosis of exclusion which is made when the other possible etiologies have been ruled out. Once primary idiopathic constipation has been diagnosed and “red flags” suggesting other serious diseases such as colon or rectal cancer have been eliminated, empiric treatment may be started with an appropriate follow-up to assess the response.

**Medications Associated with Constipation**

**By Prescription**

- Opiates
- Anticholinergics
- Tricyclic antidepressants
- Calcium channel blockers
- Antiparkinsonian drugs
- Sympathomimetics
Antipsychotics  
Diuretics  
Antihistamines  

**Over the counter (OTC)**  
Antacids, especially calcium containing  
Calcium supplements  
Iron supplements  
NSAIDS  
Antidiarrheal agents  

**MANAGEMENT OF CHRONIC CONSTIPATION**  

I. INITIAL RECOMMENDATIONS  
An advice for behavioral, diet and lifestyle modifications is good as the first step of treatment. Patients are often encouraged to increase their fluid intake, get involved with moderate increase in exercise, and use the bathroom daily in response to feeling of urge for a bowel movement or at a specific time, particularly after meals. Patients with more severe symptoms or those who do not respond to this initial treatment are usually offered an empiric medication treatment with fiber supplements and Homoeopathic medicine.

II. Evaluation of chronic primary constipation  
The initial evaluation is based on careful history and physical evaluation. Important historical features include bowel frequency, stool consistency, need for straining, and feeling of incomplete evacuation. Presence of abdominal pain/discomfort can suggest a diagnosis of other functional disorders (e.g., IBS-C). Identifying alarm symptoms (e.g., weight loss, reduced appetite, weakness) are important since they can suggest other underlying conditions which usually require further evaluation (e.g., abdominal imaging, colonoscopy). Patients’ medications should be reviewed carefully and initial limited laboratory tests should be performed to exclude medications (e.g., calcium channel blockers, anticholinergics) or diseases (e.g., hypothyroidism) to which constipation is secondary.

Patients with primary constipation can be further evaluated for the underlying pathophysiological mechanisms of their constipation. Using functional tests of the colon and anorectum, primary constipation can be divided into three separate subgroups:

1. Slow transit constipation
2. Normal transit constipation
3. Obstructed defecation
Slow transit Constipation refers to a decrease in colonic transit particularly in its proximal parts (i.e., the ascending and transverse colon).

Normal transit constipation refers to patients who meet the criteria for chronic functional constipation but testing of their colonic transit is between normal limits. These patients often have misperceptions of normal bowel movements and some may have psychosocial disorders.

Obstructed defecation refers to organic/mechanical obstruction at the level of the rectosigmoid colon or pelvic floor, or functional obstruction due to failure of the anorectal and pelvic floor muscles to relax during defecation.

Combinations of these three subtypes are possible.

III. Pharmacologic treatments for chronic constipation
Pharmacologic treatments for chronic constipation include several groups of medications with different mechanism/mode of action.

Bulk-forming agents are organic polymers that absorb water. These agents increase stool mass and water content thereby making it bulkier, softer and easier to pass. e.g. bran, psyllium and methylcellulose. These agents are often used as the first line treatment of constipation.

Stool softeners, like docusate sodium and docusate calcium, are surface-active agents that facilitate water interacting with the stool in order to soften the stool, make it more slippery, and easier to pass. These agents are often used as OTC medications for constipation.

Osmotic laxatives are poorly absorbed ions or molecules that create an osmotic gradient within the intestinal lumen, drawing water into the lumen and making stools soft and loose. Examples of this group of agents include poorly absorbed electrolytes such as milk of magnesia, magnesium citrate, and sodium phosphate; poorly absorbed disaccharides such as lactulose and sorbitol; and polyethylene glycol 3350 (PEG). These agents are usually used for short-term treatment of constipation or for intermittent use in chronic constipation. The PEG solution is also used for intestinal purges in preparation for diagnostic procedures (e.g., colonoscopy) or surgery.

Stimulant laxatives increase peristalsis in the large bowel and fluid and electrolyte secretion in the distal small bowel and colon. These agents include anthraquinones (senna, cascara, danthon), diphenylmethanes (bisacodyl and phenolphthalein) and castor oil.

Secretory agents – this group is currently represented by Lubiprostone. It works by activating chloride channels on the small intestinal mucosa and thereby leading to chloride rich intestinal fluid secretion that increases luminal water content and stool hydration.

Prokinetic agents – These agents act by increasing intestinal motility and thereby accelerating intestinal transit. Tegaserod maleate is a 5-HT4 pre-synaptic receptor agonist that enhances the peristaltic reflex, increases colonic motility, decreases visceral hypersensitivity, and facilitates secretion into the colonic lumen.
HOMOEOPATHIC TREATMENT OF CHRONIC CONSTIPATION

TOP TEN REMEDIES FOR CONSTIPATION
nux-v. nat-m. op. bry. plb. sulph. lyc. sep. alum. graph.

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**Reperatory of Constipation**

**Abdomen - Aggravation - constipation, with**

**Abdomen - Burning, pain - constipation, during**
- Bell.

**Abdomen - Colic pain - Concomitants - Constipation**
- all-s. Aloe Alum. cocc. coll. grat. lyc. Nux-v. op.
- Plb-act. sil.

**Abdomen - Congestion - Liver; of**
- accompanied by - constipation

**Abdomen - Congestion agg.**
- Sil.

**Abdomen - Cramping, pain - constipation, agg.**
- all-s. Aloe Alum. bac. carc. cocc. coll. grat. lyc. merc.

**Abdomen - Distension - children, in**
- constipation, from

**Abdomen - Distension - constipation, during**
  - mag-m. nit-ac. ph-ac. phos. sep. ter.

**Abdomen - Distension - constipation; during**
  - mag-m. nit-ac. ph-ac. phos. podo. sep. Tell. ter.

**Abdomen - Distension - general - children, in**
- constipation, from

**Abdomen - Drawing, pain - constipation, during**
- kali-c.

**Abdomen - Flatulence - constipation, during**
- merc.

**Abdomen - Flatulence - obstructed - descending colon, with constipation**
- AUR. IOD. LYC. rhod. SULPH.

**Abdomen - Fullness - constipation, during**
- bry. dios. ery-a. graph. hydr-ac. hyos. iod. lach. lat-h.
  - nit-ac. nux-v. phos. ter.

**Abdomen - Fullness, sensation of - constipation; during**
  - lach. mand. nit-ac. nux-v. phos. suis-pan. ter.

**Abdomen - Gallstones - accompanied by**
- constipation

**Abdomen - Haemorrhoids - with**
- Constipation
  - sil. Sulph. verb.

**Abdomen - Hardness - general - liver - constipation, with**
- graph.

**Abdomen - Hardness - Liver - constipation, with**
- graph.

**Abdomen - Heat - constipation, during**
- Plb.
Abdomen - HEAT, abdomen, in - constipation, during- pb.

ABDOMEN - HERNIA; ABDOMINAL - Umbilical - accompanied by – constipation- cocc. nux-v.

ABDOMEN - INACTIVITY - Liver; of - accompanied by – constipation- aesc. still.

ABDOMEN - PAIN - burning - constipation, during- bell.

ABDOMEN - PAIN - burning, smarting - constipation, during- bell.

ABDOMEN - PAIN - constipation; as from- cham.

ABDOMEN - PAIN - cutting - constipation, with- am-m.

ABDOMEN - PAIN - drawing - constipation, during- kali-c.

ABDOMEN - PAIN - hypogastrium - constipation, with- tela

ABDOMEN - PAIN - pressing - sides - left - cry out, making him, with constipation and displacement of flatulencesulph.

ABDOMEN - PAIN - sides - left - cry out, making him, with constipation and displacement of flatulencesulph.

ABDOMEN - PAIN - violent - hypogastrium - constipation, during- tarent.

ABDOMEN - PAIN, - constipation, from- ars. bell. con. cupr. kali-c. merc. op. plb. sil. sul-ac. thuj.


Abdomen - PAIN, abdomen - constipation, pain from- all-s. Aloe Alum. ars. bell. carc. cham. cocc. coll. coloc. con. Cupr. grat. kali-c. lyc. merc. op. Plb. podo. sil. sul-ac. thuj.

Abdomen - PAIN, abdomen - flatulence, with pain - constipation, during- merc.

ABDOMEN - PORTAL congestion - accompanied by – constipation- aesc.

Abdomen - PORTAL system, general - constipation, caused by stagnation of- Croc.

Abdomen - retracted, sunken - constipation, with- carb-ac.

ABDOMEN - RETRACTION - accompanied by – constipation- carb-ac.

ABDOMEN - RETRACTION - constipation, with- carb-ac.

ABDOMEN - RETRACTION - general - constipation, with- carb-ac.

ABDOMEN - STASIS of the portal venous system - accompanied by – constipation- aesc.

ABDOMEN - WEAKNESS - constipation, with- plat.

Abdomen - WEAKNESS, sensation - constipation, with- plat.

BACK - PAIN - constipation, with- AESC. all-c. euon. FERR. kali-bi. sulph.
BACK - PAIN - General - constipation, with- Aesc. all-c. euon. Ferr. kali-bi. sulph.
BACK - PAIN - lumbar region, lumbago - constipation, during- kali-bi. tep.
Bladder - BLEEDING, urethra - constipation, with- lyc.
BLADDER - PARALYSIS - constipation, with- bry. carb-v. caust. cocc. hyos. kali-c. nux-v. op. plb. sec. sulph. zinc.
BLADDER - RETENTION of urine - constipation, with- cann-s.
BLADDER - RETENTION of urine - general - constipation, with- cann-s.
Bladder - RETENTION, of urine - constipation, with- cann-s.
Bladder - URGING, to urinate - frequent, urination - constipation, with- sars.
Bladder - URGING, to urinate - involuntary, urination - constipation, with- tarent.
BLADDER - URINATION - complaints of urination - accompanied by – constipation- lyc.
BLADDER - URINATION - frequent - constipation, with- sars.
BLADDER - URINATION - involuntary - constipation, with- tarent.
BLADDER - URINATION - involuntary - constipation; with- caust. tarent.
Brain - SCLEROSIS, brain - alternating, with colic, constipation and wrist-drop- Plb.
Breath - offensive - constipation, with- carb-ac.
Cancer - RECTUM, cancer - constipation, with cancer- alum. grat. kreos. plb.
CHEST - HEART; complaints of the - accompanied by – constipation- spig.
CHEST - WEAKNESS - Heart - accompanied by – constipation- apoc. cact. dig. kali-c. lach. lil-t. naja nat-m. phyt. spig.
Children - COLIC, infants - constipation, with, caused by stimulating food taken by mother or nurse, much flatus- Nux-v.
Children - COLIC, infants - griping, with constipation in- Nux-v. OP.
Children - DENTITION, difficult, teething - constipation, general irritation and cachexia, with- Kreos. nux-v. OP.
Children - FOOD, artificial, ailments from - constipation, succeeds diarrhea- alum. Podo.
Children - INFANTS, general - colic - constipation, with, caused by stimulating food taken by mother or nurse, much flatus- Nux-v.

Children - INFANTS, general - colic - griping, with constipation in- Nux-v. OP.


Children - INFANTS, general - meconium, retention, with vomiting of all food, obstinate constipation- kali-br.

Children - INFANTS, general - nursing, general, - artificial food, constipation succeeds diarrhea- alum. Podo.

Children - MECONIUM, retention, with vomiting of all food, obstinate constipation- kali-br.

Children - WORMS, children, in - dentition, with constipation- Dol.

CHILL - Chill, etc. - concomitants - stool – constipation- alum. ant-c. Bell. BRY. calc. COCC. dule. LYC. NUX-V. Op. sep. Sil. staph. sulph. VERAT.

Clinical - herpes, simplex - constipation, from- cop.

Clinical - Malaria, infection, ague - gastric - gastric and bilious symptoms, or consequent upon abuse of chinona or quinine - with bitter taste of food, and constipation- Puls.

Clinical - portal, system, general - constipation, caused by stagnation of- Croc.

Clinical - vaginismus, vagina - emaciation, and constipation, with- plb.

Constitutions - BILIOUS, constitutions - constipation, tendency to- cub. NUX-V.

Constitutions - ELDERLY, constitutions - blood, quantities of, discharged at once, women, with constipation and hypochondriasis- psor.

Constitutions - ELDERLY, constitutions - constipation - constipation and diarrhea, alternate- aloe Phos.


Constitutions - ELDERLY, constitutions - diarrhea - constipation and diarrhea, alternate- ANT-C.


Constitutions - INFANTS, constitutions - colic - constipation, with, caused by stimulating food taken by mother or nurse, much flatus- Nux-v.

Constitutions - INFANTS, constitutions - colic - griping, with constipation in- Nux-v. OP.


Constitutions - INFANTS, constitutions - meconium, retention, with vomiting of all food, obstinate constipation- kali-br.
Constitutions - INFANTS, constitutions - nursing, general, - artificial, constipation succeeds diarrhea- alum. Podo.

Constitutions - MELANCHOLIC, constitutions – constipation- Sulph.

Constitutions - MEN, constitutions - studious, hypochondriasis, with abdominal complaints and constipation- NUX-V.

Constitutions - OCCUPATIONS, general - emigrants, amenorrhea, constipation- PLAT.

Constitutions - OCCUPATIONS, general - sedentary, general – constipation- alum. NUX-V. Podo.


Constitutions - PLETHORIC, constitutions - adults, headaches with congestion, giddiness, flushed face and constipation- Nux-v.


Constitutions - WOMEN, constitutions – constipation- alum. nat-m. SEP.

COUGH - Concomitants – constipation- nat-c.

Cough - constipation agg- con. graph. sep.

COUGH - CONSTIPATION agg.- con. graph. sep.

COUGH - CONSTIPATION, during- con. graph. nat-c. sep.

COUGH - Excited or aggravated by - constipation, from- sep.

Coughing - CONSTIPATION, during- con. graph. nat-c. sep.

EXTREMITIES - COLDNESS - Foot - constipation, during- ol-j.

EXTREMITIES - COLDNESS - general - lower limbs - feet - constipation, during- ol-j.

EXTREMITIES - HEAVINESS - Lower limbs – constipation- tep.

EXTREMITIES - PAIN - burning - lower limbs - feet - constipation, with- ol-j.

EXTREMITIES - PAIN - lower limbs - constipation, with- asc-c.

EXTREMITIES - PAIN - lower limbs - feet - constipation, with- ol-j.

EXTREMITIES - PAIN - rheumatic - constipation, with- casc.

EXTREMITIES - PAIN - upper limbs - hands - constipation, with- ol-j.

EXTREMITY PAIN - BURNING - Foot - constipation, with- ol-j.

EXTREMITY PAIN - BURNING - Hand - constipation, with- ol-j.

EXTREMITY PAIN - GENERAL - rheumatic - constipation, with- casc.
EXTREMITY PAIN - LOWER LIMBS - constipation, with- asc-c.

FACE - ERUPTIONS - acne - constipation; with- calc-sil.

FACE - HEAT - general - flushes - constipation, during- term-c.

FEMALE - ABORTION, miscarriage - constipation, with- apis bry. coll. kali-c. nux-v. op. phos. plb. sep. sil.

Female - BLEEDING, uterus, metrorrhagia - constipation, high living, from- nux-v.

Female - DYSMENORRHEA, painful menses - constipation, with- coll.

FEMALE - LEUCORRHEA - constipation, with- NAT-M. podo.

FEMALE - LEUCORRHEA - General - constipation, with- podo.

FEMALE - MENSES - absent, amenorrhea - exertion, from, with constipation- cann-s.

FEMALE - MENSES - absent, amenorrhea - physical exertion, from, with constipation- cann-s.

FEMALE - MENSES - late, too - would come, as if, and constipation- graph.

FEMALE - MENSES - painful, dysmenorrhea - constipation, with- coll.

Female - MENSES, general - late, too - would come, as if, and constipation- graph.

FEMALE - METRORRHAGIA - constipation, high living, from- nux-v.

FEMALE - METRORRHAGIA - General - constipation, high living, from- nux-v.

Female - VAGINAL, discharge, leucorrhea - constipation, with- podo.

FEMALE - VAGINISMUS - emaciation and constipation, with- plb.

Female - VAGINISMUS, vagina - emaciation, and constipation, with- plb.

FEMALE GENITALIA/SEX - LEUKORRHEA - accompanied by – constipation- hydr. Nat-m.

FEMALE GENITALIA/SEX - PROLAPSUS - Uterus - accompanied by – constipation- stann.


FEVER - TYPHOID FEVER - accompanied by – constipation- Bry. hydr. nux-v. op.

FEVER, HEAT - ABSENT - adynamia - constipation, with- nat-m.

Fevers - ERUPTIONS, with fevers - blotches, large red, over body, and constipation- Cop.
Fevers - INTERMITTENT, fever, ague, malaria - gastric - gastric and bilious symptoms, or consequent upon abuse of chinona or quinine - with bitter taste of food, and constipation- Puls.

Fevers - REMITTENT, fever - constipation, with- Hydr.

Fevers - RHEUMATIC, fever - constipation, after- HYDR.

Fevers - TYPHOID, fever, salmonella - constipation, with- Bry. hydr. nux-v. op.

Food - APPETITE, general - loss, of appetite - constipation, with- asc-c.

Gallbladder - BILIOUS, constitutions - constipation, tendency to- cub. NUX-V.

Gallbladder - WEAK, gallbladder - constipation, with- Kali-m. Nux-v.


Generals - COMPLEXIONS, general - dark, brunette - brown, olive, disposed to constipation, sad, gloomy, taciturn- aur.


GENERALS - CONVULSIONS - epileptic - during epileptic convulsions; complaints – constipation- verbe-o.

GENERALS - DIABETES MELLITUS - accompanied by – constipation- carl. graph. kreos. lac-d. nat-s.

GENERALS - FAINTNESS - accompanied by – constipation- verat.

GENERALS - PAIN - neuralgic - accompanied by – constipation- alum-sil. alum. alumn. plb.

GENERALS - PARALYSIS - one side - accompanied by – constipation- alum-sil. alum. alumn. plb.

GENITALIA - Conditions - constipation, agg.- coll. con. fl-ac. Graph. lach. Mag-m. plat. Sep. sulph.


GENITALIA - Female organs - pregnancy – constipation- alum. BRY. Lyc. NUX-V. op. Sep.

HEAD - CONGESTION - constipation; during- aster. crot-h. Nux-v.

HEAD - CONGESTION, hyperemia etc. - general - constipation, during- aster. crot-h. NUX-V.

Head - constipation agg.- Bry. colch. Nux-v. op.


HEAD - HEAT - constipation, with- verat.

HEAD - HEAT - constipation; during- verat.
HEAD - HEAT, General - constipation, with- verat.


HEAD - PAIN - forehead - periodic - constipation, with- nux-v.

HEAD - PAIN - pressing - constipation, during- jatr-c.

HEAD - PAIN - ulcerative - forehead - periodic, with constipation- nux-v.

HEAD - PAIN, - pressing - constipation, during- jatr-c.

HEAD - PAIN, - ulcerative - Forehead - periodical, with constipation- nux-v.


HEAD PAIN - PRESSING - constipation, during- jatr-c.

HEAD PAIN - ULCERATIVE - Forehead - periodical, with constipation- nux-v.

Heart - HEARTBEATS, general - weak - constipation, with- phyt.

Heart - WEAK, heart - constipation, with- phyt.


Intestines - BLEEDING, intestines, from - women, elderly, large quantities of blood discharged at once with constipation- psor.


Intestines - DISTENTION, from flatus - children, in - constipation, from- plb.

Intestines - DISTENTION, from flatus - constipation, during- alum. am-c. bry. dol. ery-a. graph. hyos. iod. Lach. mag-m. nit-ac. ph-ac. phos. sep. ter.
Intestines - FLATUS, flatuence, intestinal - constipation, during merc.


Intestines - INFLAMMATION, intestines - diarrhea and constipation, alternate - Ign.

Intestines - PERISTALYSIS, general - inertia, feeling of - constipation, causing Plat.

Intestines - PERISTALYSIS, general - inertia, feeling of - of lower, hemorrhoids and constipation, especially during pregnancy - Coll.


Intestines - WORMS, parasites, general - children, in - dentition, difficult - constipation, with - Dol.

Joints - RHEUMATIC, fever - constipation, after HYDR.

KIDNEYS - SUPPRESSION of urine - constipation, with - aral-h.

KIDNEYS - SUPPRESSION of urine, anuria - constipation, with - aral-h.

Kidneys - SUPPRESSION, urine, kidneys - constipation, with - aral-h.

Legs - HEAVINESS, sensation, tired legs – constipation - tep.

Liver - ENLARGED, liver - constipation, inability to lie on right side, with recurring attacks of indigestion - biliousness and constipation - Mag-m.

Liver - HARDNESS, liver - constipation, with - graph.

Liver - HEPATITIS, infection, liver - constipation, with - Nux-v. Podo.

Liver - INDURATION, liver - constipation, with chronic - Graph.

Liver - JAUNDICE, icterus - torpid, with, and constipation - still.

Liver - PAIN, liver - constipation, with - verat.

Liver - PAIN, liver - nausea, with - nausea and constipation - Merc-c.

Liver - PORTAL, system, general - constipation, caused by stagnation of - Croc.

Liver - WEAK, liver - constipation, with - Kali-m. Nux-v.

Liver - WEAK, liver - jaundice, with, from biliary concretions - jaundice and great depression of mind, with constipation - still.

LOWER EXTREMITIES - Aggravation - constipation and piles, from - ham. lyc. nux-v. ruta sulph.

MALE - VARICOCELE - constipation, with - coll.

MALE - VARICOCELE - constipation, with - coll.

Male - VARICOCELE, spermatic, cord - constipation, with - coll.
MALE AND FEMALE GENITALIA/SEX - CONSTIPATION agg.- coll. con. fl-ac. graph. lach. mag-m. plat. sep. sulph.

MALE GENITALIA/SEX - VARICOCELE - accompanied by - constipation; extreme- coll.

MENSTRUATION - Concomitants after menses - stool, constipation - graph.

MENSTRUATION - Concomitants before menses – constipation- aloe alum. am-c. bry. graph. kali-c. lach. mag-c. nat-m. nux-v. SIL. sulph. thuj.


MIND - Aggravation - constipation, during- aloe NAT-M. Nux-v.

MIND - ALCOHOLISM - constipation; with- Apom.

MIND - ANXIETY - constipation; with- tarent.

Mind - ANXIETY, general - constipation, with- tarent.

MIND - COMPLAINING - constipation and diarrhea, with- nux-v.

MIND - CONSTIPATION agg.- aloe NAT-M. nux-v.

MIND - DELIRIUM - abdomen, with swelling of - constipation, and- ACET-AC.

MIND - DELIRIUM - abdomen, with swelling of - constipation, and- Acet-ac.

MIND - DELIRIUM - constipation, with- acet-ac.

MIND - DELIRIUM - distension of abdomen and constipation; with- Acet-ac.

MIND - FEAR - constipation, with- bell. lach. OP.


MIND - IRRITABILITY - constipation, during- pitu-a.

MIND - IRRITABILITY - constipation, during- pitu-a.

MIND - IRRITABILITY - stitches in rectum, from, in constipation- NAT-M.

MIND - MANIA - constipation, during- Verat.

MIND - MANIA, madness - constipation, with- VERAT.

MIND - MANIA, madness - constipation, with- Verat.

Mind - RESTLESSNESS, mental - children, in - constipation, with- Apis

MIND - RESTLESSNESS, nervousness - children, in - constipation, with- APIS

MIND - RESTLESSNESS, nervousness - tendency - children, in - constipation, with- Apis
MIND - SADNESS - constipation; with- **olnd.**

MIND - SADNESS, despondency, depression, melancholy - constipation, with- **ferr. NUX-V. OLND.**

MIND - SADNESS, despondency, depression, melancholy - liver troubles, in - constipation, and- **still.**

MIND - SHRIEKING, screaming, shouting - children, in - constipation since birth, with- **aloe**

MIND - TORPOR - constipation, in- **NAT-M.**

Mind - TORPOR, mental - constipation, in- **NAT-M.**

MIND - UNCONSCIOUSNESS, coma - constipation, with- **Stram.**

MIND - UNCONSCIOUSNESS, coma - general - constipation, with- **STRAM.**

Mouth - BREATH, general - constipation, with- **carb-ac.**

MOUTH - MAPPED tongue - constipation, during- **KALI-BI.**

MOUTH - ODOR, breath - constipation, with- **carb-ac.**

Muscles - ATROPHY, muscles - alternating, with colic and constipation- **Plb.**

NAUSEA AND VOMITING - Concomitants – constipation- **cupr. plb.**

NOSE - CATARRH - accompanied by – constipation- **aur-m-n. hydr.**

NOSE - CORYZA - general - discharge - with, fluent - constipation, with- **ARS.**

Pregnancy - CONFINEMENT, puerperal – constipation- **Ambr. Ant-c. bell-p. PLAT. SEP.**


Pregnancy - MISCARRIAGE, spontaneous abortion - constipation, with- **apis bry. coll. kali-c. nux-v. op. phos. plb. sep. sil.**

PROSTATE GLAND - SWELLING - accompanied by – constipation- **arn. sil.**

RECTUM - CHILLINESS - constipation, during- **lac-d.**

RECTUM - CHILLINESS in - constipation, during- **lac-d.**

Rectum - CHILLINESS, before stool - constipation, during- **lac-d.**


MOSCH. MUR-AC. musa mut. mygal. myric. nabal. naja nast. NAT-AR. NAT-C. nat-f. NAT-M.
       nat-n. nat-p. nat-s. nat-sil. neon nicc-met. nicc-s. NIT-AC. nit-m-ac. NUX-M. NUX-V. nyct. oci-sa. OENA.
onl. an-l. oj. ohld. OP. orig. osm. OX-AC. ozone paeon. pall. par. PARAFA. parth. ped. petr. ph-ac. phel.
PHOS. phys. PHYT. pieri-b. pin-l. pin-s. pip-n. pitu-a. plan-mi. PLAT. PLB-ACt. PLB. plumbg-eu. plumbg.
plut-n. PODO. polyg-h. polypvd. pop-cand. PROT. prun. psil. PSOR. PTEL. PULS. pyre-p. PYROG.
querc. rad-br. ran-b. RAPH. RAT. ratt-norv. rham-cal. RHAM-CATH. RHAM-F. RHEUM rhod. RHUS-T.
RIC. rob. rux. RUMA SABAD. sabal SABIN. sal-mo. samb-e. samb. sang. SANIC. santin. sapo-so. sapo.
saroth. sarr. SARS. scol. SEC. SEL. senec. SENEG. SENN. SEP. sil-mar. SIL. sin-n. slag sol-ni. sol-t-ac. sol-t.
spig. SPONG. squil. STANN. STAPH. stel. stict. STRAM. stront-c. STRY-XYZ. SUL-AC. sul-i. sul-ac.
SULPH. sumb. syn. sym-r. symph. TAB. tamrmd. tanac. tann-ac. TARAX. tarent-c. TARENT. tax. tela
trios. trom. tub-m. TUB. ulm-r. uran-n. urt-u. ust. v-a-b. valer. vario. VERAT. VERB. vero-o. vesp. VIB.
vicky-g. vince. VIOL-O. viol-t. vis. wies. wye. xan. zinc-i. ZINC-PHIC. ZINC.

Rectum - CONSTIPATION, general - something, remaining behind, sensation, with constipation- ALOE
alum. lyc. nat-m. Nux-v. sep. sil. sulph.

CAUST. Chel. Chim. Chin. chin-ar. chinin-s. chr-ac. cinx. cina CLEM. Coca COCC. COFF. colch. COLL.
pall. petr. ph-ac. PHOS. Phyt. PLAT. PLB. Podo. Psel. PTEL. PULS. PYROG. Raph. Rat. rhus-t. rob. RUTA
Sabad. Sabin. sang. SANIC. SARS. Sec. Sel. Seneg. SEP. SIL. spig. Spong. squil. STANN. STAPH. STRAM.

Rhus-t. Ruta Staph.

RECTUM - DIARRHEA - alternating with - constipation- Abrot. acet-ac. Aegle-f. agar. ail. aloe alum. am-m
ANT-C. ant-t. anth. Arg-n. arge-pl. ars-i. ars-s-f. Ars. atis. aur-ar. aur-i. aur-m-n. aur-s. AUR. bac. bell. herb.
Nux-m. NUX-V. OPA. Phos. Plb. PODO. polyg-h. prot. psor. PTEL. PULS. rad-br. rhus-t. Ruta sang. saroth. sars.

Rectum - DIARRHEA, general - alternating with - constipation- Abrot. acet-ac. agar. ail. ALOE am-m
ANT-C. ant-t. Arg-n. arge-pl. ars-i. Ars. atis. aur-ar. aur-i. aur-m-n. aur-s. AUR. bac. bell. herb.

Rectum - FACES, remained in, sensation, as if - something, remaining behind, with constipation, as if- aloe
alum. lyc. nat-m. Nux-v. sep. sil. sulph.

RECTUM - FISSURES - general - constipation, from- tamrnd.

RECTUM - FULLNESS - constipation; without- aesc.

RECTUM - HEMORRHAGE - anus, from - constipation, with- alum. am-m. anac. calc-p. COLL. lac-d. lam.
morph. nat-m. NIT-AC. NUX-V. phos. psor. sep. vib.

RECTUM - HEMORRHAGE - anus, from - hypochondriasis, with, in old women - stitches, constipation, from- NAT-M.

RECTUM - HEMORRHAGE from anus - accompanied by – constipation- alum. am-m. anac. calc-p. Coll.

RECTUM - HEMORROIDS - alternating with – constipation- coll.

RECTUM - HEMORROIDS - coughing, sneezing agg.- constipation, during- bac.

Rectum - HEMORROIDS, general - constipation, with- aesc-g. Aesc. am-m. anac. Coll. euon. kali-s. Nux-v.
paraf. sil. sulph. verb.

Rectum - INACTIVITY, rectum- Aesc. aeth. agn. alet. alum-sil. ALUM. ALUMN. am-c. am-m. ANAC. ant-c.

RECTUM - ITCHING - anus - constipation, with- cadm-i. calc. cinch. cur. glon. slag SULPH. x-ray

RECTUM - PAIN - burning - constipation, with- abies-c.

RECTUM - PAIN - burning - constipation, with- abies-c. boerh-d. tarent.

RECTUM - PAIN - constipation, during- abies-c. asaf. boerh-d. con. graph. nat-m. nit-ac. nux-v. plb. sil.
tarent. vib.

RECTUM - PAIN - sore, bruised - constipation, with- graph. nat-m. nit-ac. sil. tarent.

RECTUM - PAIN - sore, raw - constipation, with- graph. nat-m. nit-ac. sil.

RECTUM - PAIN - tenesmus - constipation, during- asaf. CON. mangi. NUX-V. plb. vib.

sil.

RECTUM - SWELLING of anus - sensation of - constipation; without- aesc.

RECTUM - WORM, worms - complaints - dentition, during - constipation, with- DOL.

RECTUM - WORMS - complaints of worms - accompanied by – constipation- fil.

SENSATIONS AND COMPLAINTS IN GENERAL - Infants, affections of – constipation- alum. BRY. lyc. NUX-V. OP. Sulph. verat.

SENSATIONS AND COMPLAINTS IN GENERAL - Infants, affections of - dentition - with constipation- BRY. Mag-m. NUX-V.

SEXUAL IMPULSE - Semen - emission of - constipation, followed by- thuj.

SKIN - DISCOLORATION - yellow - accompanied by – constipation- chion.

SKIN - ERUPTIONS - herpetic - constipation, from- cop.

SKIN - ERUPTIONS - urticaria - constipation; with- cop.

SKIN - ERUPTIONS - urticaria, hives - constipation, with- cop.

SKIN - Urticaria - With - constipation, fever- cop.

Skin - URTICARIA, hives - constipation, with- cop.

STOMACH - APPETITE - wanting - constipation, with- asc-c.

STOMACH - INDIGESTION - constipation, with- hydr.

STOMACH - INDIGESTION - followed by – constipation- lavand-a. mag-p.

Stomach - INDIGESTION, general - constipation, with- hydr.

STOMACH - NAUSEA - constipation, with- asc-t. atis. buni-o. COCC. HYPER. kurch.

STOMACH - NAUSEA - constipation; during- COCC. coll. cupr. Hyper. plb.

Stomach - NAUSEA, general - constipation, with- COCC. Hyper.

STOMACH - PAIN - constipation, with- bry. graph. kali-m. nux-v. phys. PLB.


STOMACH - PAIN - cramping, griping, constricting - constipation, during- adeps-s.

STOMACH - PAIN - General - constipation, with- bry. graph. kali-m. nux-v. phys. Plb.


STOMACH - VOMITING - accompanied by – constipation- nux-v. op. plb.

STOMACH - VOMITING - general - constipation, with- nux-v. op. plb. pyrog.
STOMACH - Vomiting, retching - with constipation- nux-v. op. plb.


Stool - INFREQUENT, stool- alum. Arn. nat-m. sep.

STOOL - MUCOUS - alternating with constipation- acon. ruta

STOOL - MUCOUS, slimy - alternating with constipation- acon.

STOOL - MUCOUS, slimy - green - alternating with constipation- am-m.

Stool - MUCUS, slimy, stool - alternates, with constipation- acon.

Stool - MUCUS, slimy, stool - green - alternating with constipation- am-m.

STOOL - ODOR - offensive - constipation, during- guaj.

Stool - ODOR, stools - putrid - constipation, during- guaj.

Stool - OFFENSIVE, stools - constipation, during- guaj.


TASTE - BITTER - constipation, with obstinate- kali-m. sil.

Taste - BITTER, taste - constipation, with obstinate- kali-m. sil.

TEETH - Concomitants – constipation- Bry. MERC. nux-v. STAPH.

TEETH - Dentition - with - constipation, general irritation, cachexia- Kreos. nux-v. op.

Teeth - DENTITION, difficult teething - constipation, general irritation and cachexia, with- Kreos. nux-v. op.


URETHRA - HEMORRHAGE - constipation, with- lyc.

URETHRA-URINARY ORGANS - HAEMORRHAGE - constipation, with- lyc.
Urination - frequent - constipation, with- sars.

Urination - involuntary - constipation, with- tarent.

Urine - bloody - constipation, with- lyc.

Urine - BLOODY, urine - constipation, with- lyc.

URINE - BURNING, hot - constipation, with- ferr.

URINE - Conditions of urination - constipation, with- lyc.

Urine - hot, burning - constipation, with- ferr.

URINE - PAINFUL - burning, hot - constipation, with- ferr.

Urine - RETENTION, of urine - constipation, with- cann-s.

VERTIGO - Aggravation – constipation- chin. nux-v.

Vertigo - constipation agg- calc-p.

VERTIGO - CONSTIPATION, during- aegle-m. aloe AMBR. ango. aza. bry. CALC-P. chin. crot-h. kurch. nat-s. NUX-V. sulph.